

MASTER OF EDUCATION

In Holistic School Health and Well-Being (HSHWB)



Program Planner

COURSE PATHWAY	PROJECT PATHWAY	THESIS/RESEARCH PATHWAY
YEAR 1	YEAR 1	YEAR 1
<p>FALL</p> <ul style="list-style-type: none"> • EDUC 6128 Holistic School Well-Being • ELECTIVE (standard option) <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6127 Collaboration for Well-Being • EDUC 6131 Action Research Methods (standard option) <p>SPRING/SUMMER</p> <ul style="list-style-type: none"> • EDUC 6129 Restorative and Trauma-Informed Practice • ELECTIVE 	<p>FALL</p> <ul style="list-style-type: none"> • EDUC 6128 Holistic School Well-Being • ELECTIVE (standard option) <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6127 Collaboration for Well-Being • EDUC 6131 Action Research Methods (standard option) <p>SPRING/SUMMER</p> <ul style="list-style-type: none"> • EDUC 6129 Restorative and Trauma-Informed Practice • ELECTIVE 	<p>FALL</p> <ul style="list-style-type: none"> • EDUC 6128 Holistic School Well-Being • ELECTIVE (standard option) <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6127 Collaboration for Well-Being • EDUC 6131 Action Research Methods (standard option) <p>SPRING/SUMMER</p> <ul style="list-style-type: none"> • EDUC 6129 Restorative and Trauma-Informed Practice • SECOND RESEARCH METHODS (standard option)
YEAR 2	YEAR 2	YEAR 2
<p>FALL</p> <ul style="list-style-type: none"> • ELECTIVE • ELECTIVE (standard option) <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6131 Action Research Methods • EDUC 6137 HSHWB Independent Inquiry (standard option) • ELECTIVE (standard option) <p>SPRING/SUMMER</p> <ul style="list-style-type: none"> • 2 ELECTIVES 	<p>FALL</p> <ul style="list-style-type: none"> • ELECTIVE • ELECTIVE (standard option) <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6131 Action Research Methods • EDUC 6138 HSHWB Project (standard option) <p>SPRING/SUMMER</p> <ul style="list-style-type: none"> • 2 ELECTIVES • EDUC 6138 EDUC 6138 Project continued 	<p>FALL</p> <ul style="list-style-type: none"> • ELECTIVE or SECOND RESEARCH METHODS • EDUC 6139* HSHWB Thesis (standard option) <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6131 Action Research Methods <p>SPRING/SUMMER</p> <ul style="list-style-type: none"> • ELECTIVE or SECOND RESEARCH METHODS
YEAR 3	YEAR 3	YEAR 3
<p>FALL</p> <ul style="list-style-type: none"> • ELECTIVE <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6137 HSHWB Independent Inquiry 	<p>FALL</p> <ul style="list-style-type: none"> • EDUC 6138A HSHWB Project <p>WINTER</p> <ul style="list-style-type: none"> • EDUC 6138B EDUC 6138 Project continued 	<p>FALL</p> <ul style="list-style-type: none"> • EDUC 6139* HSHWB Thesis

HOLISTIC SCHOOL HEALTH AND WELL-BEING ELECTIVE OPTIONS**

- **EDUC 6107** Nature and Outdoor Learning
- **EDUC 6133** Mental Health Literacy
- **EDUC 6126** Critical Well-Being
- **EDUC 6135** Foundations of Diversity
- **EDUC 6136** Indigenous Health and Healing
- **EDUC 6115** Research Methods for Education
- **EDUC 6116** Intro to Phenomenological Research and Writing
- **EDUC 6117** Reflexive Inquiry

Standard equals those taking 6 credits per term.
(except the final course for the project pathway)

*Thesis to be completed within 12-18 months.

**Students have the option of taking electives offered in other M.Ed. Programs at Cape Breton University.