MASTER OF EDUCATION

IN HOLISTIC SCHOOL HEALTH AND WELL-BEING (HSHWB)

Program Planner



COURSE PATHWAY

PROJECT PATHWAY

THESIS/RESEARCH PATHWAY

YEAR 1

FALL:

- EDUC 6128
 Holistic School Well-Being
- **ELECTIVE** (full-time option)

WINTER:

- EDUC 6127
 Collaboration for Well-Being
- EDUC 6131
 Action Research Methods (full-time option)

SPRING/SUMMER:

- EDUC 6129
 Trauma-Informed Practice
- **ELECTIVE**(if intent is to complete in nine terms)

FALL:

- EDUC 6128
 Holistic School Well-Being
- **ELECTIVE** (full-time option)

WINTER:

- EDUC 6127
 Collaboration for Well-Being
- EDUC 6131 Action Research Methods (full-time option)

SPRING/SUMMER:

- EDUC 6129
 Trauma-Informed Practice
- **ELECTIVE**(if intent is to complete in nine terms)

FALL:

- EDUC 6128
 Holistic School Well-Being
- **ELECTIVE** (full-time option)

WINTER:

- EDUC 6127
 Collaboration for Well-Being
- EDUC 6131 Action Research Methods (full-time option)

SPRING/SUMMER:

- EDUC 6129 Trauma-Informed Practice
- SECOND RESEARCH METHODS (full-time option)

YEAR 2

FALL:

- ELECTIVE
- **ELECTIVE** (full-time option)

WINTER:

- EDUC 6131
 Action Research Methods (full-time option)
- EDUC 6137 HSHWB Independent Inquiry (full-time option)

SPRING/SUMMER:

2 ELECTIVES

FALL:

ELECTIVE

WINTER:

- EDUC 6131
 Action Research Methods (full-time option)
- EDUC 6138A HSHWB Independent Project (full-time option)

SPRING/SUMMER:

- 2 ELECTIVES
- EDUC 6138B HSHWB Independent Project (full-time option)

FALL:

- **ELECTIVE** OR SECOND RESEARCH METHODS
- EDUC 6XXX

 HSHWB Thesis (full-time option)

WINTER:

- EDUC 6131 Action Research Methods (full-time option)
- **EDUC 6XXX**HSHWB Thesis (full-time option)

SPRING/SUMMER:

• **ELECTIVE** OR SECOND RESEARCH METHODS

YEAR 3

FALL:

ELECTIVE 3

WINTER:

• EDUC 6137 HSHWB Independent Inquiry (full-time option)

FALL:

EDUC 6138A
 HSHWB Independent Project

WINTER:

 EDUC 6138B HSHWB Independent Project (cont'd)

FALL:

• EDUC 6139

HSHWB Thesis

(may be started earlier; requires completion of core courses + 3 additional credits of research methods)

HOLISTIC SCHOOL HEALTH AND WELL-BEING ELECTIVE OPTIONS*

- EDUC 6107
 Nature and Outdoor Learning (F)
- EDUC 6133
 Mental Health Literacy (F)
- EDUC 6126 Critical Approaches to Well-Being (W)
- EDUC 6135
 Foundations of Diversity (SS)
- EDUC 6136 Indigenous Health and Healing (SS)
- EDUC 6115
 Research Methods for Education (W and SS)
- EDUC 6117 Reflexive Inquiry (W and SS)

*Students have option of taking electives offered in other M.Ed. programs (e.g. SCI and CCS)