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## CAPE BRETON MEDICAL CAMPUS

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# Frank Sinclair

Class of 2029

Born and raised in Glace Bay, Cape Breton, Frank Sinclair's journey to medicine is one of resilience, purpose, and homegrown pride. A former educator, he's now a first-year medical student at the Cape Breton Medical Campus through Dalhousie University.

"My path to medicine wasn't straightforward—it grew from personal loss, reflection, and a deep desire to give back to the community that shaped me."

## The Morning Everything Changed

One quiet evening, Frank refreshed his inbox—and there it was. His acceptance letter to medical school.

*"I froze. I must have read it five times to make sure it was real. I thought of my parents immediately—especially my father, who passed away from cancer at 58. My mom was the first person I called. She said, 'Your father would be so proud.' That moment will stay with me forever."*



# Frank Sinclair

A Future Rural Family Physician

## Why Rural Medicine Matters

For Frank, rural family medicine isn't just a career—it's a calling rooted in lived experience. "Growing up in Glace Bay, I saw how family doctors hold communities together.

They're not just physicians—they're anchors in people's lives. I want to be that steady presence for others, especially here at home."

He believes access to compassionate, consistent care is critical to keeping rural communities strong, healthy, and connected.

## Studying Close to Home

Being able to study medicine in Cape Breton feels like coming full circle. "It's a privilege to learn in the same community that supported my family through the hardest times. Staying close to my mom and giving back while I learn makes this experience even more meaningful."

## Why Your Support Matters

As a mature student who transitioned from teaching to medicine, Frank has faced financial hurdles along the way. "A scholarship would mean freedom to focus on my studies without the constant worry of debt. It would ease the strain on my family and help me build a future right here in Cape Breton."

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