

Ms. Harman Singh



For the past twenty years, Harman Singh has dedicated her professional focus to supporting individuals with intellectual and developmental disabilities as a psychologist, an advocate and a leader in the sector. With an unwavering passion to provide compassionate, client-led care, Harman has been instrumental in shifting provincial and national policies and care models to influence a transformational change in how people with intellectual and developmental disabilities are supported.

Harman's clinical experience in the assessment and treatment of mental health disorders, her commitment to learning and diversifying to meet the changing needs of our population and her collaborative, person-first approach has helped hundreds of people with varying abilities reach their full potential, improve their quality of life and maximize their independence.

Presently, Harman is the CEO of Breton Ability Centre (BAC). BAC provides services and support for more than 100 individuals every day through its adult residential centre, ten community homes and various outreach programs. She leads a team of more than 400 employees and is an active volunteer, lending her knowledge and experience to various Boards across Nova Scotia, including Health Association of Nova Scotia, Cape Breton University and AWARE – Nova Scotia.

Harman has presented at numerous national and international conferences and has been recognized for her leadership with the Tom Miller Human Rights Award (2021), a finalist for the Rose Schwartz Business Woman of the Year from the Cape Breton Regional Chamber of Commerce (2021), and various academic accolades.

In her personal life, Harman is an avid golfer and traveller. She enjoys quality time with her husband, Peter, her parents, who also immigrated to Nova Scotia, and her children (her real pride and joys), Natasha and Rohit